



30-DAY

SPRING HOME DECLUTTER CHALLENGE

crunchyfamily.com



OUT WITH THE OLD, IN WITH THE NEW.

Spring signifies a time of renewal, refreshing, and abundance.

Are you ready to experience renewal and abundance in your home?

This 30-day spring home declutter challenge will help you get rid of the *old* so you have room for the *new*.

Use this is a guide to help you declutter your entire house from top to bottom, in 30 days.

Ready, set, **GO!**



CHALLENGE

DAYS 1 - 10

DAY
1

BASEMENT PT.1

Sort through basement contents. Dispose of what is old, broken, & no longer used.

DAY
2

BASEMENT PT.2

Sort through basement contents. Dispose of what is old, broken, & no longer used.

DAY
3

GARAGE

Sort through garage contents. Dispose of what is old, broken, & no longer used.

DAY
4

ENTRYWAY CLOSET

Sort through all outerwear and shoes. Take note of what is to be kept & disposed of.

DAY
5

KITCHEN TABLE & CUPBOARDS

Clear all clutter from your kitchen table. Go through cupboards and sort through contents.

DAY
6

FRIDGE & FREEZER

Go through fridge and freezer. Get rid of expired goods.

DAY
7

PANTRY & JUNK DRAWER

Dispose of expired food items. Sort through junk drawer. Get rid of what is broken and unused

DAY
8

LIVING ROOM & ENTERTAINMENT AREA

Sort through and get rid of any old and unused games, electronics, furniture, & decor.

DAY
9

LAUNDRY ROOM

Clean & sanitize appliances. Dispose of old laundry products and accessories.

DAY
10

BATHROOMS & MEDICINE CABINET

Sort through toiletries, products, expired, and unused medications.



CHALLENGE

DAYS 11-20

DAY
11

LINEN & CLEANING CLOSET

Get rid of really old and unused linens, cleaning products, and tools.

DAY
16

PLAYROOM

Get rid of broken toys. Consider donating gently loved and aged-out toys.

DAY
12

BEDROOM CLOSETS PT.1

Go through bedroom closet and sort through what will be kept, donated, and thrown out.

DAY
17

HOME OFFICE & LIBRARY

Clean out any drawers and sort through books. Get rid of what you no longer need.

DAY
13

BEDROOM CLOSETS PT.2

Go through bedroom closet and sort through what will be kept, donated, and thrown out.

DAY
18

MAIL & PAPERWORK

Sort through receipts, unopened mails, etc...file what's to be kept & shred the rest.

DAY
14

BEDROOM CLOSETS PT.3

Go through bedroom closet and sort through what will be kept, donated, and thrown out.

DAY
19

STORAGE ROOM PT.1

Sort through storage room and get rid of trash.

DAY
15

BEDROOM DRESSERS & DRAWERS & VANITIES

Sort through dressers, vanities, and drawers. Set aside items to keep, trash, and donate.

DAY
20

STORAGE ROOM PT.2

Sort through storage room and get rid of trash.



CHALLENGE

DAYS 21 - 30

DAY
21

ADDITIONAL ROOMS

Go through additional rooms in your house. Get rid of trash, put aside donatable items.

DAY
22

ADDITIONAL CLOSETS

Any additional closet in your house? Go through them all and sort through their contents.

DAY
23

BACKYARD & SHED

Get rid of any damaged tools, furniture, decor and supplies.

DAY
24

CARS

Empty all compartments, vacuum floors, shampoo seats. Remove & clean carseats.

DAY
25

DONATE GENTLY USED ITEMS

Begin to setup pickups and dropoffs for gently loved items that you are donating.

DAY
26

DISPOSE OF TRASH PT.1

Sort through and pack up all items to be trashed.

DAY
27

DISPOSE OF TRASH PT.2

Sort through and pack up all items to be trashed.

DAY
28

REORGANIZE PT.1

Go through home and reorganize what has been out of place.

DAY
29

REORGANIZE PT.2

Go through home and reorganize what has been out of place. Put up new decor & install new furniture.

DAY
30

REST & ENJOY YOUR DECLUTTERED HOME!



| ITEM TYPE | KEEP | DONATE | TRASH |
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DECLUTTERING TRACKER

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